

DR. INDU BALLANI

DIRECTOR AND DERMATOLOGIST @ BALLANI SKIN AESTHETICS
THREADS EXPERT | AESTHETIC TRAINER | NATIONAL AND INTERNATIONAL FACULTY

PROFESSIONAL SUMMARY

A pioneer in thread procedures in India, I am a highly accomplished dermatologist and aesthetic **trainer** with over a decade of experience in **advanced aesthetic techniques**. Renowned nationally and internationally, I have trained hundreds of dermatologists, contributed to esteemed **publications**, and represented India on **global platforms** as a thought leader in aesthetic dermatology.

CONTACT

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ACADEMIC AND WORKSHOP CONTRIBUTIONS

- Conducted/Hosted **100+ workshops** for aesthetic procedures at my own clinic
- Faculty at Dermacon and Cuticon for over 10+ years, conducting workshops on **threads** and **aesthetic** procedures.
- Certified trainer for fillers, **MINT Lift**, and Defineise threads.
- **Panelist** in panel discussions on threads and injectables in Bangkok.
- **Invited Guest Speaker** for Indian experience of threads at MINT Summit in Korea.
- Faculty at the **International Aesthetics Conference** for 5 consecutive years.
- Conducted workshops as an aesthetic trainer in medical colleges across India, such as SRMS Bareilly, Lady Harding, VMCC New Delhi, etc.
- Invited speaker for multiple conferences across India since 2017.

RESEARCH AND PUBLICATIONS

- 2 articles in the Journal of Cosmetic Dermatology on threads.
- 2 Chapters authored in a book - ***Cosmetics Injectables - Dermal fillers and botulinum toxin.***
- Contributed to ***Beyond Dermascope***, a book on Indian skin experts.
- Article in Beauty Bazar (2016) and the Cureus Journal of Medical Sciences.
- **Authored a book** on threads, currently under publication.

AWARDS AND FELICITATIONS

- Hall of Fame Award (ACAAD, 2023): For outstanding contributions as an aesthetic faculty.
- Elite Trainer Award: International APAAC Summit, Bangkok.
- Delhi State Branch of IADVL for mentorship in Delhi Derma Week (2023).
- SRMS Medical College, Bareilly for conducting thread workshops for PGs (2022).

PANEL AND ADVISORY ROLES

- Member of International Advisory Boards for dermatology consensus guidelines.
- Speaker and panelist at the International Women's Forum.
- Featured expert at the inaugural Bharat Nutrition Week (2021).
- Advisory board member for Abbott and Sun Pharma on dermatology products.
- Provided strategic insights as part of advisory boards for L'Oréal India and Yvoire filler launch in India.
- Collaboration with NGO "Chaaya" for acid burn survivors

PROFESSIONAL MEMBERSHIPS

- Member of Indian academy of Dermatology and Venereology
- Member of International women's' Dermatology society
- Member of Cosmetic Dermatology society of India

WORK EXPERIENCE

Director And Dermatologist | *Ballani Skin Aesthetics* 01/2018 – Present

- Stayed current with industry advancements through regular participation in continuing education courses and professional conferences.
- Reviewed patient allergies, problems, medications, and immunization statuses.
- Mentored medical residents and students in dermatology best practices to ensure the next generation of skilled professionals.
- Offered cosmetic consultations to clients interested in improving their skin's appearance through treatments such as laser therapy, chemical peels, and all other injectable procedures.

Visiting Consultant Dermatologist | *BLK Max Hospital* 01/2009 – Present

- Evaluated patients and expectations, establishing clear goals for each consulting engagement.
- Collaborated with cross-functional teams to successfully deliver comprehensive solutions for clients.
- Assisted clients in navigating complex industry challenges with strategic recommendations.
- Successfully managed in-house complicated cases in dire emergency situations.

Consultant Dermatologist | *Clinic Dermatech* 01/2008 – 01/2013

- Collaborated with cross-functional teams to successfully deliver comprehensive solutions for clients.
- Trained various other dermatologist at multiple different centres.

EXTRACURRICULAR

- Passionate sports and yoga enthusiast, dedicated to maintaining physical fitness and overall well-being.

- Secured a gold medal at the Delhi State Masters Cross-Country event, demonstrating exceptional performance at the state level.
- Regular participant in half marathons since 2015, exemplifying endurance and perseverance.
- Achieved a silver medal and podium finish in the CSOI Mini Marathon 10K, highlighting competitive spirit.
- Won a bronze medal at the Second DAASC Cross-Country, showcasing versatility in athletics.